



January 2022

CANS NUTRITION BULLETIN

Child and Adult Nutrition Services
SD Department of Education

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The Grapevine

New Year, New.... Grapevine? With all of the changes here at CANS in the last few months, Cheriee thought it would be time to pass the torch of these articles to Pam and I (Mikayla). So, from here on out, you'll be hearing from one or both of us each month. Please bear with us as we try to figure out a rhythm that works for us! It's hard to believe we are already in January and at the mid-point of the school year.

The Food Distribution Office is busy preparing the USDA Foods Pre-survey that is set to open in Microsoft Form on January 10, schools will receive an email letting them know when it's available and providing a link to access it. The Pre-survey is the opportunity for all School Food Authorities (SFA) to provide input on the items that they would like to see included on the annual Survey for the upcoming 2022-23 school year. We encourage each SFA to take this opportunity to provide CANS with valuable feedback on school food preferences.

Due to product shortages and delivery delays, no additional processed food items will be brought into the Nordica warehouse for the remaining 2021-22 school year. This was a difficult decision, and we apologize for any inconvenience it may cause. There are still processed food items remaining in the warehouse that can be ordered from the current iCAN order form which closes January 10.

The Child Nutrition Programs Office is gearing up for Summer Feeding. It's crazy to think that it's just around the corner! At this time, we are unsure if USDA will extend or create any additional nationwide waiver flexibilities for summer. Plan to kick off your summer operations back to normal and we will let you know if anything changes. We are planning on applying for our typical summer waivers that allow for some flexibility.

Speaking of waivers, CANS is in the process of applying for another compliance review waiver for this program year for both CACFP and SNP. If approved, this waiver will extend our review cycles an additional year (similarly to what happened last year). In addition, we plan to conduct some technical assistance (TA) visits for schools and agencies that may need some additional help this year.

Thanks for all you do each and every day to make sure kids are getting fed!

Happy New Year everyone!

Pam McCown

Food Distribution Programs Director

Mikayla Hardy

Child Nutrition Programs Director

South Dakota Sponsor Spotlight!

Is your school or agency doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

Couple helps beef up school lunch program in McIntosh, South Dakota



<https://www.kfyr.tv.com/2021/12/08/couple-helps-beef-up-school-lunch-program-mcintosh-sd/>

If you'd like to learn more about how to donate a beef to your school, visit wallprocessing.com or call Ken at Wall Meat at 605-430-4764.



Check in with CANS Monthly Conference Call

Join us each month to **Check in with CANS** in the upcoming year! Each check in is normally scheduled for the first Thursday of every month at 2:30pm central time zone or 1:30 pm mountain time zone.

This check in is for all our Child Nutrition Program operators: School Nutrition Program, Child and Adult Care Food Program, and Summer Food Service Program. We invite our Food Distribution Program in Schools and our Procurement Specialists to also attend.

This check in is open to all agencies that are on our programs. Each check in starts with a report from CANS with hot topics, new guidance, program clarifications, and reminders of important dates. Every check in has time scheduled for you to ask questions. Minutes from each check in will be posted after the call is done on our DOE CANS website at <https://doe.sd.gov/cans/index.aspx> and occasionally these calls are recorded and posted for a short period of time.

Tentative Dates
Thursday, Feb 3
Thursday, March 3
Thursday, April 7
Thursday, May 5

Pick It! Try It! Like It! Preserve It!

Can you guess the highlight for January with these clues?

- This vegetable is an excellent source of vitamin K, vitamin A , manganese, folate, magnesium, iron, copper, vitamin B2, vitamin B6, vitamin E, calcium, potassium and vitamin C.
- The health benefits of this vegetable include skin care, improved eyesight, stronger bones, stronger muscles, regulated blood pressure, preventing or managing diabetes, good for your heart, anti-cancerous benefits, prevention of age-related macular degeneration (AMD) and hemophilia.
- It is related closely to beets and Swiss chard and is a member of the goosefoot family because of the shape of its leaves.
- A popular character from a cartoon named Popeye, used this vegetable to gain super strength!



If you guessed: Spinach, you are correct!

We feature Chicken Florentine and Colorful Quesadilla as the recipes this month. If you have spinach in your garden there is also information on how to pick it, store it, and preserve it! <https://extension.sdsta.edu/spinach-pick-it-try-it-it-preserve-it>



CRASH COURSE *with* CANS

2021-22

• MEETING SCHEDULE •

THURSDAYS @ 2:30PM CT

- 8/19** Meal Counting & Claiming in SSO
- 9/23** CACFP iCAN Applications
- 10/14** Updates in Professional Standards
- 11/18** School Gardens / Farm to Everything
- 12/2** FSMC Contracts, Amendments, Monitoring
- 12/16** Planning for Summer Feeding
- 1/13** Breakfast in the Classroom - Expanding Breakfast Participation
- 1/27** SFSP Application, Required Training, Announcements
- 2/10** FDP Annual Surveys
- 2/24** FFVP Basics - How Do I Do it?
- 3/10** Procurement Plan - Prepping for Next Year's Purchases
- 3/24** CEP Reporting
- 4/21** Nonprogram Foods Basics AND MORE!
- 5/19** End of Year Report Guidance

School Nutrition Program

School Breakfast is a Super-Power!

It's time to celebrate the super-powers that school breakfast gives students each day. Mark your calendars now to celebrate [National School Breakfast Week](#) on March 7-11, 2022.

Use the School Nutrition Association's [Take Off with School Breakfast](#) promotional materials to set a plan in motion. It's the perfect week to bring attention to the value of school breakfast and spread the good word about what your program has to offer!

Low-Fat (1%) Flavored Milk—Congressional Flexibility Extended through February 18, 2022

Recent Congressional action has extended flexibility to allow low-fat, flavored milk in school meal programs, effective through February 18, 2022. USDA Food & Nutrition Service will provide additional guidance if the flexibility is further extended. Keep in mind that this flexibility does not apply to Smart Snacks and nonprogram food sales.

As this is a flexibility, it would be suggested to serve flavored milk in non-fat variety if available and prepare for the expiration of the extended flexibility.

Farm to School

Need your own beef or bison but don't know the slaughter and processing requirements to be served in a South Dakota Child Nutrition Program?



"In order to be served in USDA CNP meals or snacks, USDA Food and Nutrition Service requires that beef and bison be slaughtered and processed under USDA Food Safety and Inspection Service (FSIS) inspection or State of South Dakota inspection.

The requirements above are in place whether the meat is purchased or donated to the school"

Farm to School Continued

To find more information on serving beef and bison in USDA Child Nutrition Programs in South Dakota, check out the [Frequently Asked Questions \(FAQs\) About Serving Bison and Beef in USDA Child Nutrition Programs in South Dakota](#). This sheet and many more resources can be found under the Farm to Table Resources tab on the [Child and Adult Nutrition Services](#) page.

Where to find local beef?

The South Dakota Specialty Producers Association website offers a map and listing of member producers in South Dakota that sell beef. More information can be found at:

<https://sdspecialtyproducers.org/producers/meats/beef/>



Child & Adult Care Food Program

New Resource for Managing Virtual Monitoring & Supply Chain Disruptions in the CACFP!

Food and Nutrition Services (FNS) has released a Fact Sheet for Child and Adult Care Food Program (CACFP) program operators to help navigate the coming year. The Fact Sheet clarifies existing flexibilities available to State agencies and local program operators in meeting the unique needs of their communities. It consists of tips and best practices for virtual monitoring as well as menu planning and shopping tips during supply chain disruptions. We have posted this document on the CACFP webpage: <https://doe.sd.gov/cans/cacfp.aspx> in the documents section. The document is also linked here: <https://doe.sd.gov/cans/documents/ManagingDisruptions.pdf>

Team Nutrition Milk in the CACFP Quiz

USDA's Team Nutrition initiative has released a Milk in the Child and Adult Care Food Program (CACFP) web quiz and it is now available at fns.usda.gov/tn/quizzes/milk-in-the-cacfp.

This quiz focuses on milk requirements in the CACFP. The complete web quiz collection is available at fns.usda.gov/tn/quizzes. Additional quizzes will be released in February 2022.

Upon completion of each 10-question quiz, quiz takers receive a score along with a link to resources that can help expand their knowledge on the topic and build their nutrition skills. Quiz takers can also view a printable version of the questions and answers upon quiz completion.

Summer Food Service Program

SFSP Administrative Training 2022

Registration is Open

Information on Summer Food Service Program is available at <http://doe.sd.gov/cans/sfsp.aspx>.

Option 1: (New sponsors, or experienced sponsors with operational problems)
Tuesday, March 1, 2022 Pierre (snow date April 5, 2022)/ 12:30pm-4:30pm CT
Location: MacKay Building, 800 Governor's Drive, Pierre, SD 57501

Option 2: (New sponsors, or experienced sponsors with operational problems)
Tuesday, March 15, 2022 Sioux Falls (snow date March 29, 2022)/ 12:30pm-4:30pm CT
Location: Vast Broadband Building, 5100 S Broadband Ln, Sioux Falls, SD 57108

Option 3: (Returning Sponsors only)
Online Webinar Tuesday, March 8, 2022/ 2-4:30pm CT or 1-3:30pm MT

If registration for the in person sessions is low, we may consider cancelling and providing the training in a different format.

SFSP Administrative Training is mandatory for SFSP Administrative staff/Authorized Representative/Summer Contact/ FSMC representative and any key personnel of:

- Potential sponsors
- New sponsors
- New authorized representatives
- Returning Sponsors

The administrative training is **mandatory** and must be completed before you complete your SFSP application or your operations begin.

Deadline to sign up for the training is **January 31, 2022.**

Contact Brigitta Bly with any questions at brigitta.bly@state.sd.us or 605-367-5295.
CANS Main Line Phone: 605-773-3413

Disclaimer: Contact Diana Webb at least two weeks prior to the workshop if you have any special needs for which we will need to make arrangements. Call (605)773-3413 about requests for alternative formats and/or interpreters e.g. disk, braille, larger print, interpreters, or with any other questions and/or cancellations. These accommodations are available to you at no charge.

Food Distribution Program

January Pre-Survey

The Pre-Survey will open Tuesday, January 11th, 2022, and close Tuesday, January 25th, 2022. Agencies have two weeks to complete the Pre-Survey.

Your input is important. The Pre-Survey results are used to determine what products are on the Annual Survey that is released in February.



What is the Pre-Survey?

The Pre-Survey is a list of USDA available products to order for the 22-23 School Year that South Dakota can bring into the state contracted warehouse. Per federal regulation:

7 CFR 250.10 (a) the distributing agency must provide recipient agencies with the opportunity to submit input, on at least an annual basis, in determining the donated foods from the full list that are made available to them for ordering.

The Pre-Survey is a yes or no questionnaire in Microsoft Forms. Check the yes or no circle under the available USDA product if you would order this product on your monthly order form in School Year 22-23. An example of the survey questions is shown below. Product with the most yes's will be placed on the 22-23 Annual Survey released in February. An email link containing the pre-survey will be sent to all agencies.

3. 100206

Apple Slices, Unsweetened, Canned

☐ Yes

☐ No

4. 100258

Apple Slices, Unsweetened, Frozen (IQF) 30lb case

☐ Yes

☐ No

January DoD Fresh/FFAVORS Evaluation & Sweep

- In January, DoD Fresh/FFAVORS spending will be reviewed to make sure schools have spent at least five months of their Monthly Entitlement Usage. If your school has not spent the required amount; the undistributed 25% of your original request may be swept from your DoD Fresh/FFAVORS entitlement allocation and re-distributed to schools that are using their full DoD entitlement allowance.
- Calculate spending in January by dividing Entitlement Usage by 5 months. Log into DoD Fresh at the [FFAVORS Login](#). Find the dollar amount used in 5 months by using the usage report.
- Log into iCAN and find your schools 21-22 DoD Fresh/FFAVORS Survey Request to find the amount requested for the 21-22 school year. Per USDA guidance, only 75% of each school's original request was added to the DoD Fresh/FFAVORS site. If your school is spending, the additional 25% will be added. Some districts already received their 25% due to increased spending.
- If you know your school will not be able to spend their additional 25%, contact Darcy Beougher in the CANS office as soon as possible.

Program Policy Memos

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

Current policies can be found at <http://www.fns.usda.gov/cacfp/policy>.

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>.

Summer Food Service Program

Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

Food Distribution policies can be found at https://www.fns.usda.gov/resources?f%5B0%5D=resource_type%3A160&f%5B1%5D=program%3A35

COVID Waivers

To find a current list of the waivers that South Dakota has opted in to, you can visit the [CANS webpage](#) under the “USDA Waivers, Guidance, and Information—July 1, 2021-June 30, 2022” heading. Here, you will find a chart that lists all of the current waivers South Dakota is operating under.

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.